

PAX

Dear friends in Christ,

It doesn't seem to be easy to please everyone these days especially when discussing the removal or maintaining of Covid guidance in church. Here is a text that comes to mind.

'If the world hates you, be aware that it hated me before it hated you.' John
15:18

The guidance churches have received this Thursday afternoon is not particularly clear regarding the lifting of restrictions in Places of Worship. Below are the final paragraphs:-

"The Advisory Group recognises that for some the removal of restrictions will be welcomed. Others, however, will feel apprehensive. Consequently, whilst the various requirements mentioned above are removed, congregations may wish for the time being to continue their existing practices (for example in relation to physical distancing) if they consider that it would be advisable to do so for local pastoral reasons.

The Advisory Group is waiting to hear from Government as to whether it intends to withdraw or substantially modify its own Places of Worship guidance following the move beyond level 0 and once further information is available, the Group will issue a further update. In general, we anticipate that the relaxation of restrictions will mean that a less prescriptive approach will be required in future but that congregations will nevertheless need to apply general principles in the way they operate."¹

Hopefully there will be more definitive guidance before our next Vestry meetings. In the meantime we will continue with the current practice.

Please keep safe and continue to keep others safe.

Prayerfully, yours in Christ

Christopher
Rector

¹ ADVISORY GROUP UPDATE FROM DONALD WALKER Dir' Communications, SEC. 5th August, 2021

Please Pray for:

For Earle, Anne and Marion Gardner, Gill Piper, Francis Turnbull, Clem' & Ann Gault, Katherine Hatfield and Jenny Wright, Dr. Ann Wilson, Billy and Llyn Glendinning, Ian Mather, Inez, Alison Coolican and all their families. Remember especially those who are struggling particularly at this time.

RIP Richard Stephens (priest) Please pray for Helen and his family

Funeral Service arrangements for the Late Richard Stephens

Friday 13th August

11.45am (Outside) Christ Church short service for RIP Richard Stephens (priest)

1pm Roucan Loch Crematorium, Dumfries

Please let Helen Stephens know if you intend to attend either service.

Support at St.Ninian's, Castle Douglas & Christ Church, Dalbeattie



If anyone is in need of help, conversation or prayer please do not hesitate to contact Christopher 01556 505894, Helen Evans 01556 504007 or Christine Collier 01556 670275. We are all available to talk or help in any way.

It is important that we keep in touch as much as possible.

Church Services

Sunday 8th August at 11:00am

Trinity 10. Service of Family Eucharist at Christ Church, Dalbeattie

Please book your seat in church in advance of your attendance with Sue tel. 01556 612863 or emails suethomas21@btinternet.com

Sunday 8th August at 4pm Said Compline

Trinity 10. at St. Ninian's, Castle Douglas

Please book your seat in church in advance of your attendance between Monday and Friday tel. Sandra 01557 331 596 or mailto:

sandrawalshkbt@btinternet.com

**Wednesday, 11th August at 11am Eucharist,
Bothwell House, Castle Douglas**

Sunday 15th August 'Dormition of the Mother of God' at 11:00am

Trinity 11. Family Eucharist at St Ninian's, Castle Douglas

Please book your seat in church in advance of your attendance between Monday and Friday tel. Sandra 01557 331 596 or mailto: sandrawalshkbt@btinternet.com

Please take a note of your seat number.

Sunday 22nd August at 11:00am

Trinity 12. Service of Family Eucharist at Christ Church, Dalbeattie

Please book your seat in church in advance of your attendance with Sue tel. 01556 612863 or emails suethomas21@btinternet.com

Sunday 29th August at 11:00am

Trinity 13. Family Eucharist at St. Ninian's, Castle Douglas

Please book your seat in church in advance of your attendance between Monday and Friday tel. Sandra 01557 331 596 or mailto: sandrawalshkbt@btinternet.com

Prayer Themes for Trinity 10

- Sunday: Pray for the victims of the floods in India and China all affected by climate change. For the mission of our church and our church family. For Refugees and Asylum Seekers as they make their journeys to safety. We pray they may be welcomed and cared for.
- Monday: For continued Peace in the world. For tolerance and understanding among the nations. May they have a love for the poor and vulnerable.
For those in danger of losing their jobs and those sectors of industry and hospitality which are not allowed to open. For those in financial difficulties.
- Tuesday: For University students & staff. For all school teachers and pupils on holidays. For those who cannot afford a holiday.
- Wednesday We pray for our care homes and especially their residents at Bothwell House, Hanover House, Carlingwark Care Home, Barlochan House Care Home, Munchies Park House, and Alma McFadyen Care Centre. For those at home who are dependent on carers and those who look after them.
- Thursday: For our politicians, Governments, Councils and all in authority.
- Friday For the people of Afghanistan, Myanmar and Hong Kong. For those awaiting execution on death row.
- Saturday For the people of India, Brazil and all nations struggling with the Covid pandemic. For the people of war-torn

Syria, and Yemen. All who suffer the effects of 'Global Warming'.

For the NHS, our local surgeries, and all at DGRI. For those affected by the Coronavirus throughout the world. For all who are experiencing 'Lockdown', and for our own communities.

Gospel Readings for Trinity 10

Sunday	Trinity 10	John 6: 35, 41-51
Monday	Edith Stein	Matt 25: 1-13
Tuesday	St. Lawrence Deacon & Martyr	John 12: 24-26
Wednesday	St. Clare of Assisi	Matt 19: 27-29
Thursday	St. Jane Frances de Chantal	Matt 22: 34-40
Friday	St. Hippolytus	John 15: 18-21
Saturday	St. Maximilian Kölbe	John 15: 12-16

Charitable Giving at St. Ninian's 2021

The congregation will recall that each year we give a donation to charities of our choice. This year the vestry has decided to follow previous practice and earmark a sum of £3500 to be divided equally among ten charities. Members of the congregation are invited to email our treasurer Fred with suggested recipients. If wishing to participate please let Fred have a response by Sunday 8th August. His email is wgcoul@sky.com. If the charity concerned is likely to be unfamiliar to the vestry please tell us a little about it in the email.



She was born into a practising Jewish family. She had a distinguished career as a philosopher and received a doctorate at the University of Freiburg, but her academic career was impeded because she was a woman.

Reading the autobiography of Saint Teresa of Ávila brought about her conversion to Catholicism and she was baptized on 1 January 1922. She taught at a Dominican girls' school and studied Catholic philosophy. She became a lecturer at the Institute for Pedagogy at Münster but was thrown

out of her post in 1933 as a result of the Nazi régime's anti-Semitic legislation.

She entered a Carmelite monastery in Cologne and took the name Teresa Benedicta of the Cross. Her order moved her to the Netherlands to keep her safe from the growing Nazi threat. While a Carmelite she wrote an important philosophical book, seeking to combine the phenomenology of her former teacher Edmund Husserl with the philosophy of Aquinas, and she also wrote on St John of the Cross.

On 20 July 1942 the Dutch Bishops' Conference had a statement read in all churches condemning Nazi racism. In retaliation the authorities ordered the arrest of all Jewish converts to Christianity. Teresa Benedicta was taken to Auschwitz and killed on 9 August 1942.

"Let go of your plans. The first hour of your morning belongs to God. Tackle the day's work that he charges you with, and he will give you the power to accomplish it." ~ Edith Stein

"The world doesn't need what women have, it needs what women are." ~ Edith Stein

"the deeper one is drawn into God, the more one must 'go out of oneself'; that is, one must go to the world in order to carry the divine life into it."² ~ Edith Stein

"Usually one gets a heavier cross when one attempts to get rid of an old one."³ ~ Edith Stein

Stewartry Food Banks

If you cannot attend tel: 07730 788 335 or email projects@castledouglas.info and they will deliver to your door.

Castle Douglas Food Bank (Stepping Stones), 198 King Street, Castle Douglas

steppingstones@castledouglas.info

Manager Emma Haigh Open 10-12pm Monday to Friday. Dels M,W, F only.

Dalbeattie Food Bank, 24 High Street, Dalbeattie. Telephone 07730 788 335 between 9am & 5pm. Enquiries donnamck.dci@gmail.com The shop is open between 6 & 8pm.

² Edith Stein (2016). "Self-Portrait In Letters, 1916-1942 (The Collected Works of Edith Stein, vol. 5)", p.83, ICS Publications

³ Edith Stein (2016). "Self-Portrait In Letters, 1916-1942 (The Collected Works of Edith Stein, vol. 5)", p.283, ICS Publications

Useful Contacts

National COVID-19 Helpline 0800 111 4000

For people who don't have family or existing community support and can't get online and who are over 70, disabled, require the support of mental health services, are pregnant or receive a flu jab for health reasons, will be directed to our dedicated local team who can offer essential assistance.

NHS24 111 www.nhsinform.scot

Emergency 999

Doctor Out of Hours 111

Dumfries and Galloway Council 030 33 33 3000

www.dumgal.gov.uk/SupportDG

Business Support Helpline 01387 260280 Mon-Fri 9am-5pm

Multi Agency Safeguarding Hub 030 33 33 3001

Social Work Out of Hours 01387 273660

Third Sector Dumfries and Galloway 0300 303 8558

Dumfries and Galloway Citizens Advice Service 0300 303 4321

www.dagcas.org

Samaritans 116 123

SHOUT Text SHOUT to 85258 for free

Scotland's Domestic Abuse Helpline 0800 027 1234

Age Scotland 0800 12 44 222 Mon-Fri 9am-5pm

Shelter Scotland 0808 800 444 Mon-Fri 9am-5pm

LGBT Helpline Scotland 0300 123 2523

Childline 0800 1111

Food Train tel: 01556 288427 email: everything@thefoodtrain.co.uk
(for food deliveries from local supermarkets)

Dumfries and Galloway Community Bulletin

[SupportDG - Dumfries and Galloway Council - Community Bulletin
\(dumgal.gov.uk\)](http://dumgal.gov.uk)

Answers to Crossword based on Ephesians 4 (NIV)

Across

- 4 Some were to be what to prepare God's people for works of service?
Evangelists
- 6 Paul urges you to live a life worthy of the calling since you are a what of the Lord? **Prisoner**
- 8 What have those who have lost all sensitivity given themselves to?
Sensuality
- 10 How should he who has put off falsehood speak to his neighbour?
Truthfully
- 12 Who lives in the futility of their thinking? **Gentiles**

Down

- 1 What sort of desires are corrupted in your old self? **Deceitful**
- 2 What should you keep the unity of through the bond of peace? **Spirit**
- 3 He filled the whole what since he ascended higher than the heavens?
Universe
- 5 What must not go down whilst you are still angry? **Sun**
- 7 Who did he lead in his train when he ascended on high? **Captives**
- 9 What is tossed back and forth by waves? **Infants**
- 11 What does every supporting ligament grow and build itself up in? **Love**