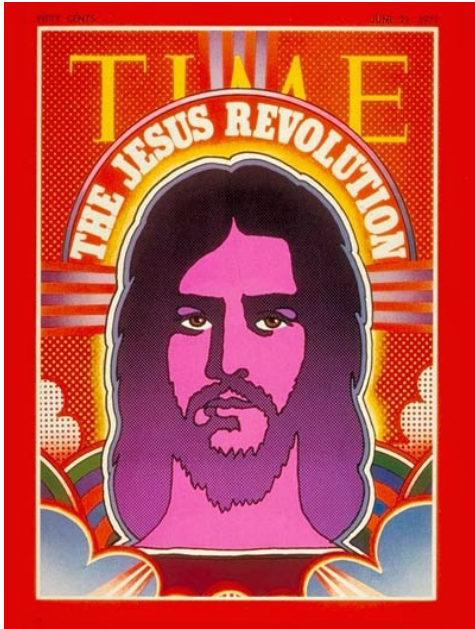


## Lent 1, 26<sup>th</sup> February, 2023

**St. Ninian's, Castle Douglas & Christ Church, Dalbeattie  
SC011079 & SC010918**

<https://dcdchurches.org.uk/> tel: 01556 505894



PAX

Dear friends in Christ,

Being a follower of Jesus appears to be quite controversial in some areas of society and the press. A monk whilst on a visit to a primary school for a Question and Answer session with a class on the life of a religious was asked 'Why do you worship a swear word?'. How the world we inhabit is changing.

Things that we have taken for granted are just not there. It makes this old Time Magazine front page quite accurate, being a follower of Jesus is 'Revolutionary'!

So how does knowing Jesus improve your life?

I would pray knowing Jesus and worshipping Him informs every moment and decision of your life. He guides you safely through the opportunities and storms of life. In Jesus Christ you know Peace (PAX).

Lent is the time to improve our relationship with God. We often talk about giving something up or taking something on, disciplining ourselves and our souls. Deepening our friendship with the Living God can be achieved through entering our own personal desert, clearing away the distractions in life, and concentrating on finding and discovering God's Son in a 'new' way. How is this to be achieved? By prayer, study and talking to fellow believers.

Throughout Lent Holy Church provides us with such opportunities. At Christ Church and St. Ninian's there will be the following opportunities:

**Compline at 8pm each Sunday throughout Lent**

This will take place in St. Ninian's and be available on line. Here is the link: Christopher Ketley is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/84450391605?pwd=ZjBOMC81M0ZIYkVHZnpXMzBCb3JQUT09>

Meeting ID: 844 5039 1605

Passcode: VgG13f

**Study Group 10am each Wednesday throughout Lent**

This will be a Zoom Meeting and will consider different ways that we may deepen our relationship with Jesus and get to know Him better. The last sessions will be meeting Jesus on the Way of the Cross the *Via Dolorosa*:

Join Zoom Meeting

<https://us02web.zoom.us/j/82556021462?pwd=Z1ZxeVdpei9KZldKd2lGaWhoejhVZz09>

Meeting ID: 825 5602 1462

Passcode: 4dL49D

Our regular **10am Thursday Eucharist** offers the opportunity to discuss the readings of the day in a friendly and informal atmosphere. Our Lectionary, uses the New Revised Standard Version (NRSV) of the Bible. At this service we are currently comparing the NRSV translation with more literal translations of the Bible by John Goldingay, Tom Wright and David Bentley Hart. This gives us a fascinating glimpse of how difficult it is to translate the Bible and allows us a glimpse of what secrets the Greek, Hebrew, and Latin original texts, might be concealing. Why not come and join us?

May you travel lightly through Lent and meet Jesus at every turn in your life and may we arrive at Easter renewed in Faith and knowledge of God's Son.

Yours in Christ

Christopher  
Rector

-----

**A contradictory thought:**

*Do not entertain the notion that you ought to advance in your prayer. If you do, you will only find you have put on the brake instead of the acceleration. All real progress in spiritual things comes gently, imperceptibly, and is the work of God. Our crude efforts spoil it. Know yourself for the childish, limited and dependent soul you are. Remember that the only growth which matters happens without our knowledge and that trying to stretch ourselves is both dangerous and silly. Think of the Infinite Goodness, never of your own state.*  
**EVELYN UNDERHILL**

*FROM THE SPIRITUAL LIFE (HODDER & STOUGHTON, 1937)*



Mothering  
Sunday Lunch

**Mothering Sunday Lunch 12.30pm 26<sup>th</sup> March**

We will be hosting a Mothering Sunday Lunch this year in the Gordon Hall. The cost will be £10.00 and any profit will be given away to charity. The menu will be Cottage Pie with vegetables followed by a selection of sweets.

Please sign the list at the back of church or contact Christopher the Rector before the 12<sup>th</sup> March.



Diocese of Glasgow and Galloway  
Lent Quiet Day – on Zoom only  
Saturday 1<sup>st</sup> April 2023, 10am–1pm

## **Holding on...** **A Reflection on the Passion of Christ**

10am – Worship

10.20am – ...in the face of Silencing (being a voice in a place of suffering)

10.35am – ...in the face of Threat/chaos? (being stillness in the presence of change)

10.50am – ...in the face of violence (being peace in a world of conflict)

11.05am – Break

11.35am – ...in the face of falsehood (being truth in a world of lies)

11.55am – ...in the face of Crucifixion (being hope in the face of death)

12.15am – Groups

12.30am – Closing thoughts and worship

**Everyone welcome.** Zoom details available on [bit.ly/GGLentQuietDay2023](https://bit.ly/GGLentQuietDay2023).  
For more information, please email the Rev Les Ireland on [Les949@btinternet.com](mailto:Les949@btinternet.com).

